

Please Join the Jersey City Division of Injury Prevention for



ADULT MENTAL HEALTH FIRST AID TRAINING

Mt Olive Baptist Church - Reverend Priscilla M. Joyner, Pastor
Saturday April 6 & Saturday April 13 10:00 am - 2:00 pm
Location: 400 Arlington Ave, Jersey City, NJ 07304
Contact info: Keisher Harris (201) 547-6806 kharris@jcnj.org

In partnership with SAMHSA & the National Council for Mental Wellbeing,
we are please to provide **FREE** Mental Health First Aid Training to the public.
Participants will:

Gain skills to identify & understand mental health & substance use issues.

Obtain meaningful tools to respond to those in crisis.

Identify professional & self-help resources to refer individuals in need.

Increase confidence in & likelihood to help individuals in distress.

Increase individual mental wellness.

Register Using This Link:

Registered Participants are welcome to bring their own bagged lunch.

In Partnership With:



from NATIONAL COUNCIL FOR
MENTAL WELLBEING®

#HealthierJC